

National honors. Local excellence.



MOUNT NITTANY[®]
HEALTH

120 years of care — A history and vision rooted in community



Leading a healthcare system with a 120-year legacy of service is a great privilege. We consider ourselves stewards of a vitally important community asset that provides best-in-class care and compassion for our

friends and neighbors. That's why our mission is "Healthier People. Stronger Community."

We are proud to offer modern, comprehensive, award-winning healthcare. Our clinical excellence has earned us a 5-star health system rating by the Centers for Medicare & Medicaid Services, the 2021 Newsweek "World's Best Hospitals" ranking, and a "Best Hospitals for Maternity" ranking from U.S. News and World Report, among other recognitions.

A community-governed system, Mount Nittany Health decision-makers live and work in our region. We believe this makes a positive difference in how we care for patients. While our recently announced infrastructure projects ensure our facilities are modern, more importantly our clinical excellence and compassionate care remain timeless.

During the COVID-19 pandemic, our compassion and commitment have only grown. Our teams are providing outstanding care for the sickest members of our community while innovating to keep everyone safe— offering telehealth, virtual ER services, and drive-through clinics. We also are leading in vaccinating our region to prevent the worst effects of the disease.

Our history is rooted in caring for our community and our future is committed to your health. If you are not yet in the Mount Nittany Health family, we invite you to join us.

A handwritten signature in black ink that reads "Kathleen Rhine".

KATHLEEN RHINE, CEO

A Modern Comprehensive Healthcare System

120 years of service

2,400 employees

220 providers

30+ medical specialties

17 locations

Our Mission

Healthier People. Stronger Community.

Our Vision

Our compassion, excellent clinical care and extraordinary service make us the community's preferred choice.

Our Values



Caring



Respect



Teamwork



Integrity



Excellence



Stewardship



*Melissa Scharf, RN,
"My strength and success
transpires from the
great teamwork of my
Mount Nittany
Health coworkers."*



*Amy Steele, Manager, OR
& PACU,
"I think of our values
every day as we focus on
providing clinical excellence
for our patients."*



*Martina Reese, CNA,
"The excellence at Mount
Nittany Health is due to our
teamwork and the respect we
have for each other."*



*Chris Jones, MD
Interventional Cardiology*



NATIONAL HONORS.

LOCAL EXCELLENCE.

Mount Nittany Health is recognized for delivering world-class care both at Mount Nittany Medical Center and across our medical practices.

Jeffrey Eaton M.D.
Cardiology

MOUNT NITTANY
PHYSICIAN GROUP

Jeffrey Eaton, MD
Mount Nittany Physician Group
Cardiology
Physician

Jeffrey Eaton, MD, cardiology



Gold Seal of Approval

The Joint Commission



World's Best Hospitals 2021

by Newsweek



Five-Star

designation from Centers for Medicare & Medicaid Services



Cardiovascular Excellence

Accreditation



Best Hospitals for Maternity

by U.S. News & World Report



Stroke Gold Plus Award and Stroke Elite

American Heart Association/
American Stroke Association
Get With The Guidelines®-Stroke



*Jan Ulbrecht, MD,
endocrinology, extensive
research in diabetes-related care*



*Kristie Kaufman, MD,
pediatrics and Mount
Nittany Health board
member*



*Jerome Derdel, MD, radiation
oncology, Commission on
Cancer committee chair*

CONVENIENT LOCATIONS.

INDIVIDUALIZED CARE.

9 primary care locations

8 specialized care centers

6 counties served

400,000 residents



*Matthew Rohrbacker, CRNP,
family medicine, Mount
Nittany Health Philipsburg*

The region's largest primary care provider, also offering convenient access to specialized care.

Primary Care Locations and Co-located Medical Specialties

Bellefonte - Pediatrics

Bellefonte - Internal Medicine
Lab Services

Blue Course Drive - Internal Medicine
Orthopedics, Pain Management Center,
Lab Services, Imaging Services

Boalsburg - Pediatrics
Ear/Nose/Throat & Audiology,
Gastroenterology

Green Tech Drive - Family Medicine

Mifflin County - Family Medicine
Cardiology, Endocrinology, General Surgery,
Nephrology, Neurology, Pulmonary Medicine,
Urology, Lab Services

Park Avenue - Internal Medicine
Allergy/Immunology, Breast Care Center,
Cardiology, Dermatology, Endocrinology,
Nephrology, Ob/Gyn, Pulmonary Medicine,
Weight Management, Lab Services, Imaging
Services

Penns Valley - Family Medicine

Cardiology, Endocrinology, Nephrology, Lab
Services, Imaging Services

Philipsburg - Family Medicine

Cardiology, Endocrinology, General Surgery,
Urology, Lab Services

Additional Specialized Care Centers

Cardiovascular Pavilion

Center for Wound Care

Children's Advocacy Center of Centre County

Fit for Play Physical Therapy

Huntingdon Pulmonology and Nephrology

Lance and Ellen Shaner Cancer Pavilion

Sieg Neuroscience Center



Blue Course Drive



*Mount Nittany Medical
Center*



*Bellefonte - Pediatrics and
Internal Medicine*

REMARKABLE PHYSICIANS.

REMARKABLY CLOSE BY.

Mount Nittany Health has recruited best-in-class clinical expertise to care for our community. Meet just a few members of our rapidly expanding team of specialists.



Chris Jones, MD
Interventional Cardiology
Cum Laude Princeton, University of Pennsylvania Medical School, Duke residency, UPMC fellow in Cardiology/Interventional Cardiology, All-Ivy football

Kevin Wilson, MD
Orthopedic Sports Medicine
Magna Cum Laude undergrad, Phi Beta Kappa, Pitt Fellow in Sports Medicine, Arthroscopy Association of North America Traveling Fellow, Walter Reed National Military Residency, Joint Forces Commendation for Ortho Combat Trauma Care

Jenna Hackenberger, MD
Adult Internal Medicine
Summa Cum Laude undergrad, Cum Laude Jefferson Medical College, Cleveland Clinic residency

Veeral Patel, MD
Radiation Oncology
Magna Cum Laude undergrad in biomedical engineering, chief resident during oncology residency at SUNY Upstate Medical University in Syracuse



FIVE-STAR RATED

“highly recommend”

“very knowledgeable and understanding”

“nice doctors and nurses”

“thorough examination and prognosis”



**Samantha Nguyen, MD
OB/GYN**

Cum Laude Boston University, BS in human physiology and minor in public health. Medical degree from Southern Illinois University Medical School and administrative chief resident during residency at Penn State Hershey

**Nathaniel Townsend, MD
Pediatric Hospitalist**

Summa Cum Laude undergrad, co-president Catholic Medical Society and Physicians for Social Responsibility

**Faoud Ishmael, MD, PhD
Allergy**

Associate Editor, Journal of Translational Genetics and Genomics; MD/PhD in integrative bioscience

**Allison Yingling, MD
Radiology**

Medical degree from Jefferson Medical College. Completed both a diagnostic radiology residency and the prestigious fellowship in breast imaging and intervention at George Washington University Medical Center

PATIENT-CENTERED EXPERTISE. COMPREHENSIVE CARE.

With more than 30 medical specialties, our Mount Nittany Health clinical team unlocks access to the most innovative and diverse healthcare in our area. Patients receive a continuum of care close to home.

*The Lance and Ellen
Shaner Cancer Pavilion*

Our team of medical specialists provides multi-disciplinary care for improved health outcomes

Adult and Pediatric Hospital Medicine
Allergy/Immunology
Anesthesiology
Audiology
Behavioral Health
Breast Imaging
Cardiac Rehabilitation
Cardiology
Dermatology
Diabetes Care
Ear, Nose & Throat
Electrophysiology
Endocrinology
Family Medicine

Gastroenterology
General Surgery
Hematology
Internal Medicine
Interventional Cardiology
Medical Oncology
Oral Surgery
Nephrology
Neurology
Non-invasive Cardiology
Nutrition Counseling
Obstetrics/Gynecology
Orthopedics
Orthotics
Pain Management

Palliative Care
Pediatrics
Physical Therapy
Plastic & Reconstructive Surgery
Pulmonary Medicine
Radiation Oncology
Rheumatology
Sleep Medicine
Speech Therapy
Spine Surgery
Sports Medicine
Urology
Weight Management
Wound Care

30+
MEDICAL &
SURGICAL
SPECIALTIES

Cardiology



*Christopher Kocher, MD,
electrophysiology*

Endocrinology/
Diabetes Care



*Lynn Diven, RD, CDE,
LDN, dietitian*

Sleep and Pulmonary
Medicine



Gregory Ruff, MD



MODERN TECHNOLOGY.

TIMELESS COMPASSION.

Mount Nittany Health invests in technology that directly impacts and improves patient care—enabling faster and more accurate diagnoses, shorter recovery times and improved long-term outcomes. The mymountnittanyhealth.com portal offers convenient access to information and communication.

With two linear accelerators, we lead radiation oncology in the region, enabling patients to receive their treatments close to home.

Technology in action—improving patient experience, patient care and patient outcomes.

40% 3D mammography improves the detection of invasive breast cancers by 40%

50% da Vinci robotic-assisted surgeries reduce recovery time by an average of 50%

7,500 Cardiac catheterizations detect, prevent, and treat heart attacks and strokes.

mymountnittanyhealth.com

Patient portal affords access to records and enables direct communication with care providers.

Cardiac
Catheterization and
Electrophysiology



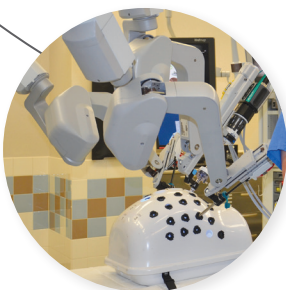
The Cardiovascular Pavilion is one of only 50 U.S. hospitals to achieve the Accreditation for Cardiovascular Excellence.

3D Digital
Mammography



The Mount Nittany Health Breast Care Center offers 3D digital mammography.

da Vinci robotic-assisted surgery



This minimally-invasive surgery reduces recovery time, pain, and blood loss, while giving surgeons more control.

COMMUNITY MEMBERS.

COMMUNITY PARTNERS.

Mount Nittany Health is proud of our 120 year legacy of service. Our board members, leadership team, physicians, and staff are professionals serving our community and they're community members themselves. They serve as volunteers and support community partnerships that care for our friends and neighbors in need.

*Aderonke Ajala, MD,
Hematology, Medical Oncology
Cancer Care Partnership*

A leading regional employer providing community benefit

Mount Nittany Health Children's Advocacy Center

A partner in Centre County's legal system, Mount Nittany Health Children's Advocacy Center is a safe, comfortable, child-focused center where abuse investigations are conducted with care and compassion.

10 years of advocacy

Collaborative interdisciplinary care

1,000's of children supported

Centre Volunteers in Medicine (CVIM)

Since 2004, we have provided CVIM substantial annual operational support to provide no-cost medical care to uninsured individuals in our community.

Over \$7 million in lifetime support

Information technology infrastructure

Lab and Imaging services

Physician and resident volunteers

Community Health Needs Assessment (CHNA)

The CHNA engages over 150 healthcare and social service organizations every three years to address the region's greatest health needs. The executive council includes:

Centre County Government

Centre County United Way

Centre Foundation

A Leading Regional Employer

Mount Nittany Health attracts top medical talent to care for our community.

Competitive compensation

Generous healthcare benefits

Tuition reimbursement

Dependent care FSA

Employee fitness and wellness program




*Rachel Schwab, Pediatrician,
Medical Director of
Mount Nittany Health
Children's Advocacy Center*



*Centre Volunteers in Medicine
and Mount Nittany Health
provider, Kristine Charles,
MD, OB/GYN*



*Every three years the Community
Health Needs Assessment
influences new healthcare
programs and partnerships.*



PANDEMIC RESPONSE.

COURAGEOUS HEARTS.

2,000+ COVID patient hospitalizations

80,000+ COVID tests administered

50,000+ vaccine doses administered

**Courageous
means...**

*...believing you can
persevere through anything.*

*Kayla Torry, RN
Emergency Department*

Our team responds to the pandemic with ingenuity and courage.

We quickly pivoted our health system's resources to deliver testing, treatments, and the vaccine and continue to develop innovative ways to treat patients safely and effectively.

Courageous means...

"... working on the COVID unit, knowing we may lose a patient that day, but remaining strong for their families."



Dana Feters, CNA
Med/Surg/Ortho

"... living in a separate part of my house for months, to keep my family safe from COVID-19."

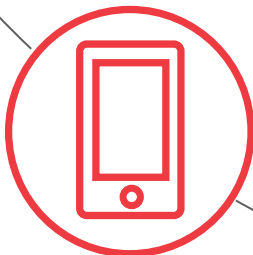


Sean McCartney, RN
Critical Care

"... walking onto the COVID unit and providing not only the best possible clinical care, but also a comforting hand to hold."



Adam Burget, RN
Critical Care



Telehealth



Virtual ER



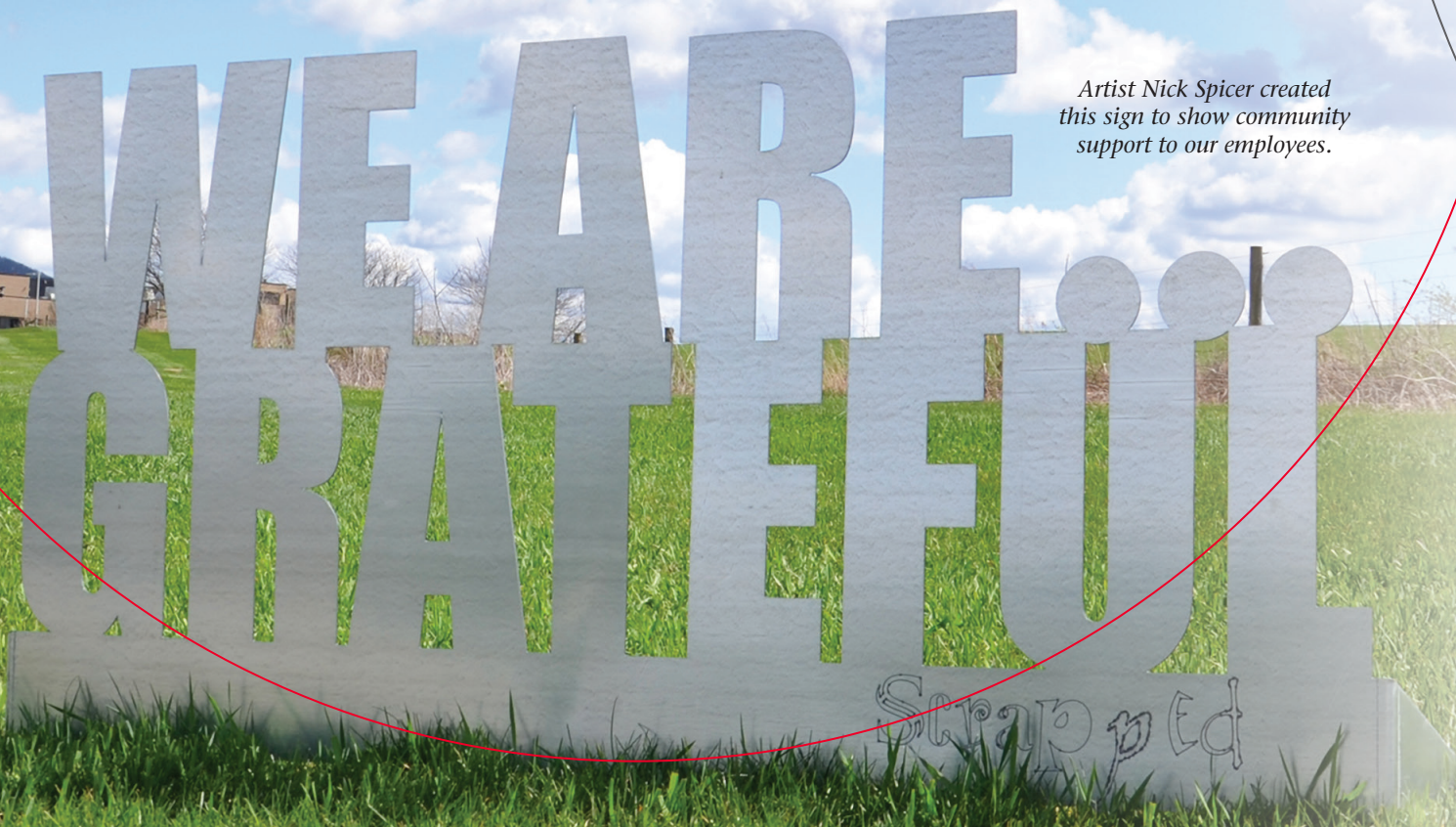
Drive-Thru Testing
& Vaccines

PANDEMIC RESILIENCE.

GRATEFUL COMMUNITY.

Since the onset of the COVID-19 pandemic, our staff's bravery and dedication have been a shining light for the community. We have received an outpouring of support—food, donations, and even works of art.

Artist Nick Spicer created this sign to show community support to our employees.



Expressions of community gratitude

courageousatheart.org

You are the heroes our children should admire

"Thank you to all of the healthcare providers that attended to the COVID emergency with courage, grace and personal sacrifice. You are the heroes our children should admire most."

Incredible dedication during this pandemic

"A huge THANKS for your incredible dedication during this pandemic to keep folks well and to treat those who are ill! Your sacrifice is enormous. Know that your protection is prayed for on a daily basis."

I admire your courage and fortitude in this pandemic

"I have witnessed first-hand, week after week, the compassionate care given to all patients. I admire your courage and fortitude in this pandemic and wish you only the best in the better times to come."

Made the difference in so many lives

"Thank you to the courageous team at Mount Nittany Health. Your caring dedication during impossible times made the difference in so many lives."

Putting on smiles even if masks hide them

"Thank you to all of the staff for putting on smiles even if masks hide them. Nurses, thank you for your endless caring and giving more and more of yourself each day."

Deepest gratitude for the selfless work

"I know I speak for many when I send along my deepest gratitude for the selfless work you've done during the pandemic."

COVID-19 Care
Hospitalist Program



Paul C. Baresel, MD

Drive-thru
COVID-19 Testing



*Amy Aumiller, CMA, family
medicine, Mount Nittany
Health Mifflin County*

COVID-19
ICU Care

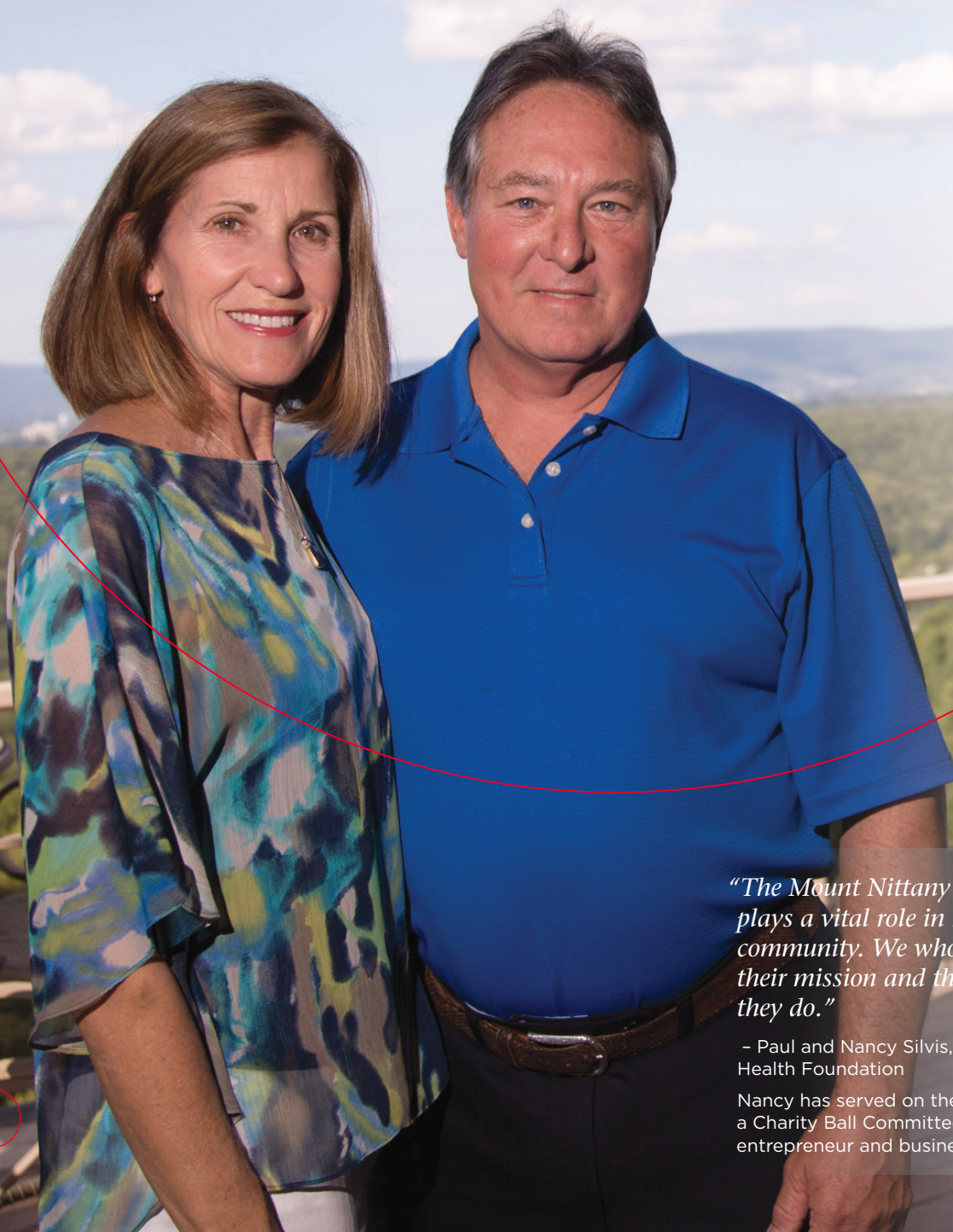


*Amber Shaw, ICU,
PCU Manager*

COMMUNITY SUPPORTING. FOUNDATION GIVING.

The Mount Nittany Health Foundation is uniquely positioned to help improve the health and wellness of our families, friends, and community members. We connect generous donors with programs and services to help people live healthier and more vibrant lives.

Foundation.mountnittany.org



"The Mount Nittany Health Foundation plays a vital role in healthcare in our community. We wholeheartedly support their mission and the important work they do."

– Paul and Nancy Silvis, donors, Mount Nittany Health Foundation

Nancy has served on the MNMC Board and as a Charity Ball Committee Volunteer. Paul is an entrepreneur and business owner.

A legacy and a vision of impact

Our donors' nearly \$40 million in gifts enabled the building of The Lance and Ellen Shaner Cancer Pavilion, a new Cardiovascular Pavilion, a new Emergency Department, a new wing at Mount Nittany Medical Center, and much more.

Future vision

Cardiovascular Care & Interventions

Donor generosity will grow our team of top cardiologists, advance training in the latest protocols and provide the latest medical equipment and lifesaving therapies.

Cancer Care

Gifts will amplify our team of oncologists, bring new life saving technologies, and advance training in the latest treatments to continue to provide personalized oncology care.

Services for Women and Children

Philanthropic gifts will ensure our community's women and children continue to thrive as new babies are born and cared for by top pediatricians and hospitalists in state-of-the-art facilities.

Community Health Advances

Donor gifts will ensure our community has access to behavioral health, diabetes prevention and care, physical therapy and other outpatient services.

Neurology and Orthopedics

Donor gifts will ensure patients have access to the latest treatments for orthopedic, musculoskeletal, and neurological injuries, diseases and conditions.

Charity Ball



Celebrated since 1948, the Charity Ball has raised crucial funds for healthcare innovation.

Golf Classic



Our annual Golf Classic raised \$1 million for the Cardiovascular Pavilion.

Volunteers



Over 600 volunteers generously give their time and talents—ranging from greeting patients to serving on boards and committees.

A CLEAR VISION FOR THE FUTURE— MODERN, COMPREHENSIVE CARE.



Investments in patient care and experience — more than \$500 million

2010
East Patient
Tower

2012
Robotic surgery
New Emergency
Department
Shared services building
Sieg Neuroscience
Center
Lance and Ellen Shaner
Cancer Pavilion

2013
Blue Course Drive
Medical Building

2014
Children's
Advocacy
Center
Mifflin County
practice

2015
Penns Valley
Family Medicine
practice
New operating
rooms

2017
Philipsburg
practice

Award-winning clinical excellence and state-of-the-art facilities

WOMEN AND CHILDREN'S UNIT

Voted "Best Hospitals for Maternity" by U.S. News and World Report, the Medical Center's new unit will welcome over 1,300 babies into the world annually. Completion 2022.

DIAGNOSTIC PAVILION

New lab and imaging departments allow for convenient outpatient access and state-of-the-art technologies, reducing wait times and enhancing overall patient experience. Projected completion 2023.

OUTPATIENT CENTER

Expanded and co-located medical specialties will offer patients convenient access to care in one state-of-the-art facility. Projected completion 2024.

NEW INPATIENT TOWER

A healing environment with private rooms that accommodate family and friends, outdoor terraces, a café, and a view of Mount Nittany. Projected completion 2026-7.



on

2018
Radiation oncology expansion — additional linear accelerator

2019
New Cardiovascular Pavilion

2020
Robotic surgery expansion

2022
Women & Children's Unit expansion
State-of-the-art Lab
Inpatient Dialysis expansion

2023 and Beyond
Diagnostic Pavilion
Outpatient Center
New Patient Tower



MOUNT NITTANY
HEALTH

mountnittany.org